

# G O D M O R N I N G !

Thursday, August 2, 2012

*“Culture is Us!”*



## Ken Kavanagh

*Athletic Director*

Florida Gulf Coast University

Kavanagh, who came to FGCU after 13 years at Bradley University, was appointed to his position on May 7, 2009 by FGCU President Dr. Wilson G. Bradshaw.

Under Kavanagh's watch the last two years, the Eagles won four Atlantic Sun regular season titles and a pair of Coastal Collegiate Swimming Association (CCSA) crowns. Kavanagh's dedication to the profession isn't limited to FGCU. In 2011-12, he will serve as the President of the I-AAA Athletic Directors' Association (D1-AAA ADA), which is comprised of the 100 non-football playing Division I member institutions and nine related conferences, and will represent the Atlantic Sun Conference on the NCAA's Championship/Sport Management Cabinet.

The 2010-11 season was the most successful athletic campaign for FGCU under Kavanagh, as both the men's and women's soccer teams won A-Sun Championships in the fall, while the women's basketball program followed with a A-Sun title and the women's swimming and diving team brought home its third consecutive CCSA championship in the winter. The women's basketball program advanced to its fourth consecutive WNIT and played in front of the largest crowd in school history in the second round against Florida, as a sellout crowd of 4,543 fans filled Alico Arena.

In his first year overseeing FGCU's 14 intercollegiate athletic programs, in addition to directing FGCU Athletics through the final stages of the Division I Certification process and NCAA Self Study, Kavanagh watched the Eagles take home their third straight Atlantic Sun regular season title in baseball, while the women's swimming & diving program captured its second consecutive Coastal Collegiate Swimming Association (CCSA) championship. Overall, six programs finished in the top three in the A-Sun regular season standings, while baseball and volleyball participated in conference postseason play for the first time ever at the Division I level. Women's basketball continued to build on its run of success, advancing to the WNIT for the third year in a row and finishing with a 24-7 record, including a perfect 15-0 mark at home.

A native of Greenwich, Conn., Kavanagh earned his undergraduate degree from Boston College in 1982 and his post-graduate degree from Notre Dame in 1987. Kavanagh is married to the former Mary Gorenz (Maple Park, Ill.) and the couple has five children: daughters the late Megan and Rose (20), as well as sons Mitchell (18) and twins Jack and Quinn (15).

## August is Membership & Extension Month

### Attendance Last Meeting

<b>Members Present:</b>	76	80%		
<b>Makeups:</b>	4			
<b>Visiting Rotarians:</b>	2		<b>Winter Pigeons:</b>	0
<b>Guests of Members:</b>	2		<b>Student Guests:</b>	0

*Did you make up? • Attendance for July 70.18%*



## Guest Speaker

**Next Week:** Jim von Rinteln, Planner, Growth Management, Collier County

**Last Meeting:** Tina Streeter, Development Director, Children's Advocacy Center of Collier County

### Birthdays & Anniversaries

<b>Member</b>	<b>Birthday</b>	<b>Age</b>
Ross Longmire	August 3	76
Jerry Schroer	August 6	69
Rob Stoneburner	August 4	43
Joe Sullivan	August 5	76

<b>Member</b>	<b>Wedding Anv.</b>	<b>Years</b>
Dennis Digiacomio	August 6	19
Jon Greenfield	August 8	48
Dave Greider	August 7	18
Wil Ward	August 6	35

<b>Member</b>	<b>Club Anv.</b>	<b>Years</b>
No members have a Club Anniversary this week.		

### Distinguished Rotarians

<b>Rotarian</b>	<b>Honored</b>
Doug Baird	Sept. 30, 2010
Heather Milner	Apr. 23, 2009
Lois Kluberdanz	Jun. 5, 2008

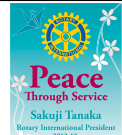


## Rotarian of the Year 2012

**Alex Garland, Jr.**



**100% Paul Harris Fellows  
or Sustaining Members**



## Rotarian Action Group expands maternal health project in Nigeria

In Nigeria, one out of every 18 women dies as a result of childbirth. The country has the second-highest maternal mortality rate in the world.

That's why the Rotarian Action Group for Population Growth and Sustainable Development targeted the northern Nigerian states of Kaduna and Kano with a pilot program aimed at reducing maternal mortality by preventing and treating obstetric fistula, a serious birth injury. From 2005 until 2010, the project, partly supported by a grant from The Rotary Foundation, reduced maternal death by 60 percent in participating hospitals, reached 1 million women of childbearing age, and repaired obstetric fistulas for 1,500 Nigerian women.



Former fistula patients in Nigeria.

"We have to empower women, and women cannot be empowered if they can't make their own choices in antenatal care and child spacing," says Dr. Robert Zinser, CEO of the Rotarian Action Group for Population Growth and Sustainable Development and member of the Rotary Club of Ludwigshafen-Rheinschanze, Germany.

Zinser has been to Nigeria nearly 20 times to work on maternal and child health projects, including the northern Nigeria pilot focused on the prevention and treatment of fistulas. An obstetric fistula is a birth injury that can cause stillbirth and, in the mother, chronic incontinence, infection, nerve damage, or death. The primary cause is labor that goes on for too long, often for days. Because 70 percent of Nigerian women deliver at home, often without access to proper medical care, long labors that would be prevented in the developed world are more common.

The project also included surgery to repair damage from fistula. Many women with the injury don't know it can be repaired, so Rotarians created a series of radio programs that explained the condition, its causes, and the available treatment.

"People listened, and village women found out their fistulas could be repaired at the Rotary center. We repaired 1,500 fistulas, 500 more than our goal," Zinser says.

## Crossing the finish line together for Rotary

*By Grace and Christina Caruso, daughters of Rotary Club of New York, New York, USA, members Paul and Gail Caruso*

It was our first marathon experience, and one we chose to take on together.

My sister Christina and I are not marathon runners, but fitness enthusiasts who believe you can do whatever you put your mind to do! This was our motto that led us to the finish line.



A couple months before the New York City Marathon, our parents Paul and Gail Caruso, members of the Rotary Club of New York, asked us if we would be interested in running the marathon for team NY Rotary. Our parents have been avid members of Rotary for more than 25 years. We needed to raise \$5,000 between us, which would be donated to Rotary's polio eradication efforts and other charities including Gift of Life, the Ronald McDonald House, Prosthetic Hands, and the New York Rotary Club Foundation.

We only had a couple months to prepare, so we did as much as we could, taking tips from experienced runners. We learned how to put vaseline between our toes so we wouldn't get blisters; buy the right running gear to stay dry, cool, and comfortable; and eat what we call "magic jelly beans" that fuel the body while running. We did some long runs together to prepare.

The night before the big day, our family had dinner with other team NY Rotary members at the Ronald McDonald house in Manhattan. They loaded us up with carbs and inspired us with speeches.

Our parents dropped us off at the starting line as if it was our first day of school again. We did not know what to expect and were filled with excitement and nervousness. But we had each other. Our plan was to run together so we could cross the finish line together and not compete with each other. We wanted this triumphant accomplishment to be something we experienced together, as a team.

We paced ourselves and hydrated as much as possible during the run. We were cheered on by thousands of onlookers. At the final stretch, our family was there shouting words of inspiration and encouragement, giving us the final boost we needed. We ran side by side and held hands as we crossed the finish line. We did it! And we did it together!

What a tremendous accomplishment this was for us and one of the most amazing experiences we have shared together.